**Week 9**

**Name:**

**Mobile:**

|  |
| --- |
| **Personal Development Workouts** |
| 1. Finish reading the next 50 pages of the book Atomic Habits by James Clear and prepare an audio note on each chapter. |
| *Write a short description about this task*  *"Atomic Habits" by James Clear is a practical guide on how to build good habits, break bad ones, and achieve remarkable results through small, consistent changes. Clear introduces the concept of "atomic habits," which are tiny, incremental actions that compound over time to create significant improvements. The book outlines a framework for habit formation based on four laws: make it obvious, make it attractive, make it easy, and make it satisfying. By understanding and applying these principles, readers can design effective habits, reshape their identity, and create lasting positive change in their lives.*  *Link to the folder containing your audio summary*  [*https://drive.google.com/file/d/1tTScW4mhDoRnz-K9ozeqEGvQLiF24JV7/view?usp=drive\_link*](https://drive.google.com/file/d/1tTScW4mhDoRnz-K9ozeqEGvQLiF24JV7/view?usp=drive_link) |

|  |
| --- |
| **Technical Workouts** |
| 1. Complete your project according to the instructions. |
| *Write a description about this task*  *Sure, here's the revised version with proper grammar and structure:*  *My project is an e-commerce platform specializing in furniture sales. I have completed my 8th-week tasks, which involved various admin-side functionalities. These included listing products, adding products, editing products, and performing soft deletes on products. Additionally, I worked on category management by adding, editing, and deleting categories. I also listed users and implemented features to block and unblock them. Moreover, I implemented pagination for the product and user lists. On the user side, I focused on displaying products and product details.*  *For the 9th week, I completed tasks related to the user profile. This included adding user details, changing passwords, editing profiles, and managing addresses (adding and editing addresses). I also implemented logout functionality and a 'forgot password' feature.* |

|  |
| --- |
| **Miscellaneous Workouts** |
| 1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don’t spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. 3. Conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| *Write a short description about this task*  *I believe my typing skills have improved significantly compared to a few months ago. Currently, my typing speed is 40 words per minute. I practice typing daily, which has contributed to this improvement. I use the Typing Club website, which is an excellent resource for beginners. It is very user-friendly and has helped me enhance my skills efficiently.*  *Link to screenshot image*  [*https://drive.google.com/file/d/157kMVOg1ZvzhIUsWrzp5ftKf-X5G8BjM/view?usp=drive\_link*](https://drive.google.com/file/d/157kMVOg1ZvzhIUsWrzp5ftKf-X5G8BjM/view?usp=drive_link) |
| *Write a short description about this task*  *LinkedIn is a professional networking platform that helps individuals and businesses connect, build relationships, and advance their careers through detailed profiles, job searching tools, and industry-related content.*  *Link to your seminar video*  [*https://youtu.be/zpAF\_5ilbx0*](https://youtu.be/zpAF_5ilbx0) |
| *Link to the document containing notes for your feedback session*  *Our trainers conduct feedback sessions every week. I think our sessions are going very well. In each session, everyone must speak. Each session includes a task that everyone is required to discuss; otherwise, there is a punishment. Each session lasts for one hour. That's it.* |
| *Write a short description about this task*  *Link to your progress video*  [*https://youtu.be/gtHnAdk9OK4*](https://youtu.be/gtHnAdk9OK4) |